19 NOV 2015 Waterfront Meeting

	Speaker	Topic	Time
Lecture Pretests			10
MRD-SD	HMCS Hildebrand	Opening Remarks	5
NEPMU-5	LT Sammons	Preventative Medicine	45
NEPMU-5	LT Wedeman	Potable Water	20
Fleet Dental	LCDR Chilcutt	Dental Updates	5
MRD-SD	HMCS Hildebrand	Updates	5
Lecture Posttests			10
		Total	100

Pre Test

Please start on the quizzes as soon as you find a seat!

Put your name on the quiz and **pass to the end of the row (left) when you are done.** Thank you!

Medical Readiness Division

MRD_SD_GMO@navy.mil
(619) 556-5191
Bldg 116
San Diego, CA 92136

Clinic (619) 556-8114

Preventive Medicine Brief

LT Alicia Sammons

Environmental Health Officer

Navy Environmental and Preventive Medicine Unit FIVE (NEPMU-5)

Chapter 5
Environmental Health Programs Afloat

“Throughout America’s first 145 years of war, far more of the country’s military personnel perished from infectious disease than from enemy action”.

-V.J. Cirillo

Section 1: Sanitation

- Food Safety
  - Tri-Service Food Code (NAVMED P-5010, Chapter 1)
    - All ships should have implemented this program by now. New form is DD2973.
    - All operational galleys must be inspected monthly.
    - Inspections must be routed to the proper Chain-of-Command: CO, XO, FSO, SUPPO.
  - Food Service Worker Physicals.
    - No longer required by the Tri-Service Food Code but still required via the COMNAVSURFPACINST 6000.1 Shipboard Medical Department Procedures Manual.
    - Optional Form: DD2971,Conditional Employee or Food Employee Reporting Agreement
  - Filling out the forms properly:
    - Follow-up on uncorrected critical violations w/in 5 days.
  - Closure and Opening Memos
    - Barge galleys have to be inspected too!
    - Re-Opening inspections by PMA prior to food service.

Section 1: Sanitation

- Sanitation of Living Spaces
  - Ships are required to conduct a quarterly inspection of the following items:
    - Berthing and heads
    - Barber Shops
    - Potable Water Systems and Supplies
    - CHT/MSD
      - Training completion and documentation
    - Ship’s Store and Vending Machines
    - Laundry
    - Fitness Facilities
    - Brig
      - If applicable
  - No standard forms. Work w/ colleagues, MRD, NEPMU FIVE to improve ship’s local forms.

Section 2: Medical Waste

- A paper or electronic copy of the Afloat Medical Waste Management Guide, OPNAV P-45-113-1-99, must be available.
- Proper disposal procedures followed.
- Properly stored onboard.
  - Is it secure?
  - Sharps containers <3/4 full?
- ALL OFFLOADING OF MEDICAL WASTE MUST BE LOGGED!

Section 3: Pest Control

- Training
  - All larger decks with Preventive Medicine Technicians (LHAs, LHDs, LPDs, LDSs) must have completed CAT 8 Pesticide Applicator Course (CIN: B-322-1050)
  - All IDCs must have completed Shipboard Pest Management Course (CIN: B-322-1075)
    - Other corpsmen who are involved in pest management should complete SPM Course as well.
- PPE
  - What pesticides does your ship have? And what pesticides does your ship anticipate getting in the future?
    - Any pyrethroid sprays, you better have respirators!
    - All PPE and their NSNs are in the Shipboard Pest Management Manual, NAVMED P-5052-26.
    - Recommended items include:
      - Face Shields
      - Respirators
      - Eye Protection
      - Impervious Gloves
      - Protective Clothing

Section 3: Pest Control

- Pest Logs
  - Pest surveillance is required at a minimum of every two weeks.
  - Areas that need to be included:
    - Food Service Areas
    - Sculleries
    - Mess Decks
    - Ship's Store (e.g., soda storage areas)
    - Snack Areas
    - Heads and Showers
    - Dry Provision Storage Areas
    - Berthing Areas
    - Laundry and Dry-Cleaning Shops
    - Cleaning Gear Lockers
    - Garbage Collection Areas
  - Log is to be put into SAMs.
    - However, it is recommended to have a back-up copy of pest control logs in the event SAMS is down on the day of your ship's inspection.
      - Ex. Green log book
      - All pesticide use shall be documented monthly on DD form 1532-1.

Section 3: Pest Control Log

- Ship Sanitation Control Certificate Program
- What is a Ship Sanitation Control Certificate anyway?
  - Required to be renewed every 6 months.
  - This is a service NEPMU-5 provides to every ship.
    - Email us at Fleetsupport@med.navy.mil
  - If your ship is in a yard period or a maintenance period, this can lapse.
  - Items inspected during your SSCC.
    - Food Inspection Logs, Pest Logs, Water Logs, Habitability Logs, Training Records, Previous MRI.

Section 4: Potable Water Sanitation

- Testing
  - WATER BIBLE: NAVMED P-5010 Ch. 6 - Water Supply Afloat. This instruction tells you exactly how many halogen samples and bacteriological samples must be taken and from where on the ship depending on:
    - Crew size
    - Ship location (underway vs. port)
    - Water source (approved vs. unapproved)
- LOGS!
  - It is a best practice to have back up hard copy of water logs as well, in the event SAMS goes down during your ship’s inspection.
    - Ex. Green log book

Section 4: Potable Water Sanitation

- Items of Interest:
  - Your ship must have a Water Sanitation Bill.
    - Posted in conspicuous places. An example of a water sanitation bill can me found in the NAVMED P-5010 Chapter 6: Water Supply Afloat.
  - Positive and Negative Controls.
    - These must be done monthly and logged into your water logs.
  - Approved water sources during deployment.
    - Contact NEPMU-5 in the event your ship has a question about a potable water source in a foreign country.

Section 5: Tuberculosis Control Program

- ALL CONVERTERS MUST HAVE AN ANNUAL FORM IN THEIR RECORD WITHIN THE LAST YEAR.
  - NAVMED 6224/8
  - Provider must make risk determination and sign/date form.
- Any new reactors must have been evaluated by a provider.
- All converters must have completed documentation of LTBI treatment therapy, such as INH or Rifampin or there must be documentation of why active TB was ruled out in their record signed by a provider.
- *This is a critical section. This program should be of high importance!
- If you have concerns about TB, contact us!

Section 6: Health Maintenance

- Health Records
  - Annual health record verification
  - Current documentation on the DD 2766 form
  - PHAs
  - TB Annual Risk Assessment Forms for EVERYONE!
  - Pap Smears (specific periodicity found here: NAVMED P-117, Article 15-112.3.(d).4.a-d)
  - Annual Well Woman Physicals
  - HIV every 2 years (100% compliance)
  - DNA
  - Blood Type
  - G6PD
  - Sickle Cell
  - Immunizations on SF 601 form (documented shot administration or positive titers)

Section 6: Health Maintenance

- Occupational Health
  - Members assigned to specialty programs on Medical Surveillance Questionnaire (OPNAV 5100/15)
  - Required specialty exams documented in health record
- Audiology
  - Baseline Audiograms required for every person.
  - Non Hearing Conservation personnel are required to get an audiogram every 5 years.
  - Hearing Conservation Program personnel are required to get an audiogram every year.
    - Personnel on the HCP should be identified on each ships Industrial Hygiene Survey.

According to the new Tri-Service Food Code Instruction, what is the maximum amount of time that uncorrected critical violations have to be followed up by?

a. 5 business days
b. 5 calendar days
c. 7 calendar days
d. 7 business days

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required to be inspected on a quarterly basis?

a. Berthings
b. Laundry
c. Barber Ships
d. All of the Above

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Which medical staff are required to have a current Category 8 Pesticide Applicator certificate?

a. SMO
b. Dental Doc
c. IDC
d. PMT

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What is a Ship Sanitation Control Certificate?

a. A Certificate stating the ship is free of infection, infestation and contamination.
b. Permission to enter.
c. Certificate of Prophylaxis
d. Certificate of pesticide application.

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True or False: The same Annual TB Risk Assessment form is to be used for both PPD converters and everyone else.

a. True
b. False

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both PPD converters and everyone else.

a. True

b. False

Questions?

Contact us at fleetsupport@med.navy.mil

619-556-7070

Fleet Dental

Sara A. Chilcutt LT DC USN

Fleet Division Officer/ Fleet Liaison Officer

NBHC Naval Base San Diego

Fleet Office: (619) 556-4797

Front Desk: (619) 556-8239/40

sara.a.chilcutt.mil@mail.mil

Medical Readiness Division

MRD_SD_GMO@navy.mil
(619) 556-5191
Bldg 116
San Diego, CA 92136

Active Duty Clinic-Gen Surgery

- Director, MRD CDR Hoang has volunteered to see common general surgery pathology on Fridays at Dept of Surgery, NMCSD to fast track fleet referrals, including:
  - Soft tissue (lipoma, epidermal inclusion cyst, pilonidal cyst);
  - Anal disease (hemorrhoid, anal/rectal abscess);
  - Screening colonoscopy
  - Symptomatic cholelithiasis
  - Hernia (ventral, incisional, inguinal, umbilical)

  - Gen surg matrix referral rules still apply.

- Conditions requiring long term follow up will not be included in active duty clinic, unless discussed with MRD Physician Supervisors.

- Include “forward to Dr. Hoang” in body of the referral.

Upcoming Meetings

- December NO MEETING!
  - Have a Merry Christmas, Happy Hanukkah, and Life-changing Kwanzaa!
- January 27th @ 1000-1200
  - Hypo/Hyperthermia
  - Surgical Abdomen Part 2

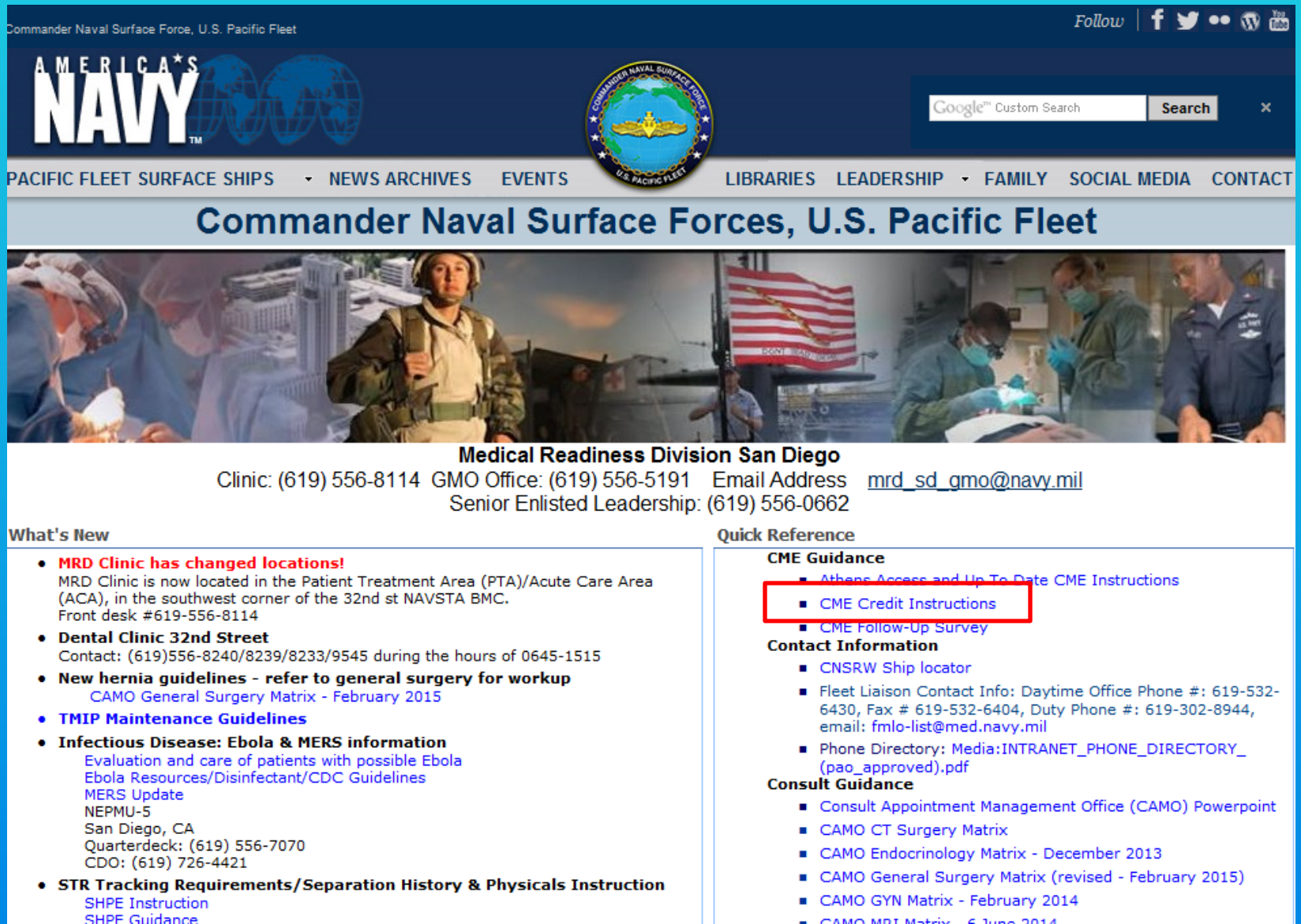
CME – Registration Help

<u>Following the meeting:</u>

Computers in lobby

Register and/or Login to redeem CME’s

CME – how to


Commander Naval Surface Force, U.S. Pacific Fleet
Follow
AMERICA'S NAVY
Google™ Custom Search
Search
PACIFIC FLEET SURFACE SHIPS
NEWS ARCHIVES
EVENTS
LIBRARIES
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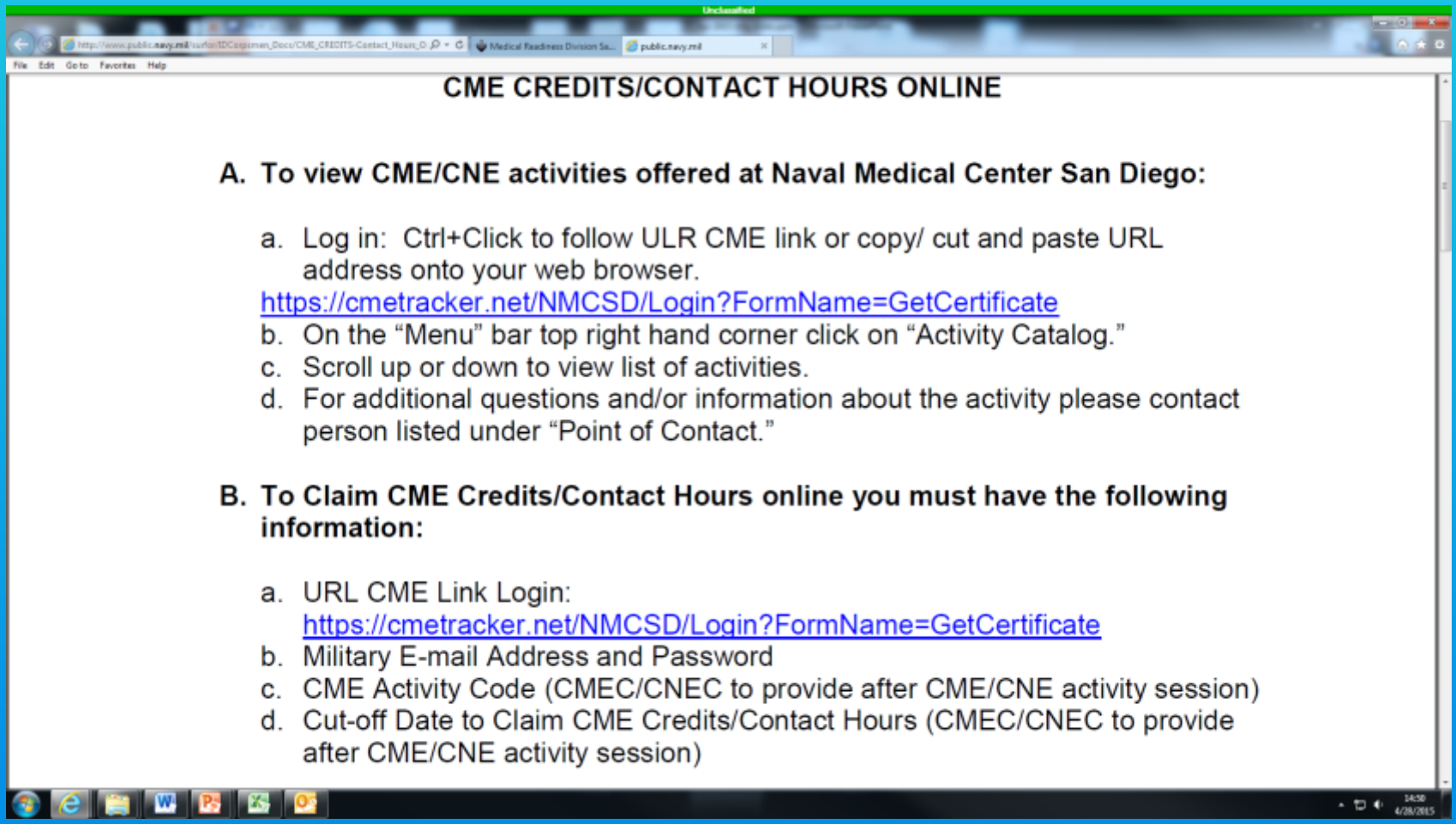
FAMILY
SOCIAL MEDIA
CONTACT
Commander Naval Surface Forces, U.S. Pacific Fleet
Medical Readiness Division San Diego
Clinic: (619) 556-8114 GMO Office: (619) 556-5191 Email Address mrd_sd_gmo@navy.mil
Senior Enlisted Leadership: (619) 556-0662
What's New
MRD Clinic has changed locations!
MRD Clinic is now located in the Patient Treatment Area (PTA)/Acute Care Area (ACA), in the southwest corner of the 32nd st NAVSTA BMC.
Front desk #619-556-8114
Dental Clinic 32nd Street
Contact: (619)556-8240/8239/8233/9545 during the hours of 0645-1515
New hernia guidelines - refer to general surgery for workup
CAMO General Surgery Matrix - February 2015
TMIP Maintenance Guidelines
Infectious Disease: Ebola & MERS information
Evaluation and care of patients with possible Ebola
Ebola Resources/Disinfectant/CDC Guidelines
MERS Update
NEPMU-5
San Diego, CA
Quarterdeck: (619) 556-7070
CDO: (619) 726-4421
STR Tracking Requirements/Separation History & Physicals Instruction
SHPE Instruction
SHPE Guidance
Quick Reference
CME Guidance
Athens Access and Up To Date CME Instructions
CME Credit Instructions
CME Follow-Up Survey
Contact Information
CNSRW Ship locator
Fleet Liaison Contact Info: Daytime Office Phone #: 619-532-6430, Fax # 619-532-6404, Duty Phone #: 619-302-8944, email: fmlo-list@med.navy.mil
Phone Directory: Media:INTRANET_PHONE_DIRECTORY_(pao_approved).pdf
Consult Guidance
Consult Appointment Management Office (CAMO) Powerpoint
CAMO CT Surgery Matrix
CAMO Endocrinology Matrix - December 2013
CAMO General Surgery Matrix (revised - February 2015)
CAMO GYN Matrix - February 2014

CME – how to



CME CREDITS/CONTACT HOURS ONLINE

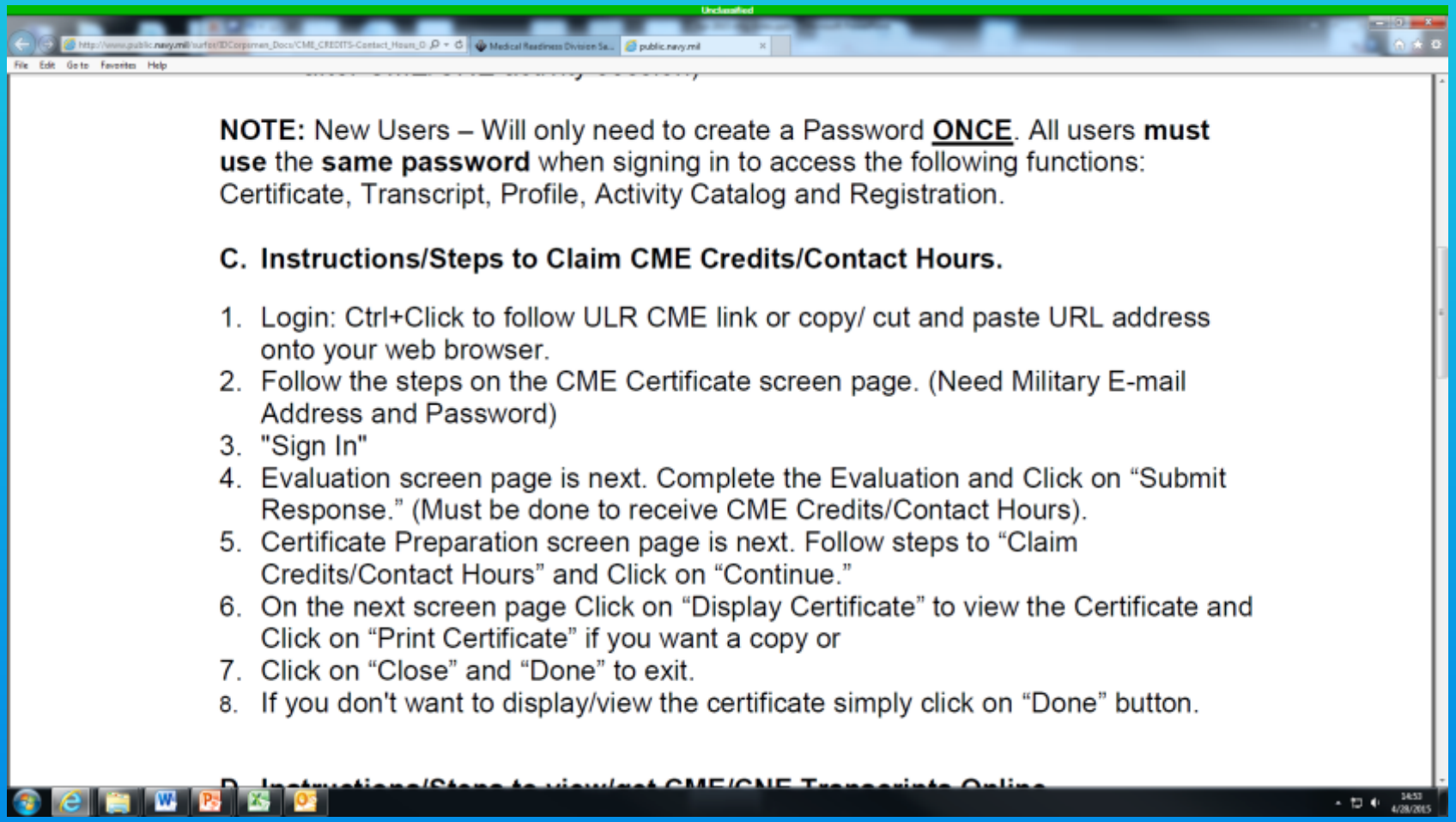
A. To view CME/CNE activities offered at Naval Medical Center San Diego:

a. Log in: Ctrl+Click to follow ULR CME link or copy/ cut and paste URL address onto your web browser.
https://cmetracker.net/NMCSD/Login?FormName=GetCertificate
b. On the "Menu" bar top right hand corner click on "Activity Catalog."
c. Scroll up or down to view list of activities.
d. For additional questions and/or information about the activity please contact person listed under "Point of Contact."

B. To Claim CME Credits/Contact Hours online you must have the following information:

a. URL CME Link Login:
https://cmetracker.net/NMCSD/Login?FormName=GetCertificate
b. Military E-mail Address and Password
c. CME Activity Code (CMEC/CNEC to provide after CME/CNE activity session)
d. Cut-off Date to Claim CME Credits/Contact Hours (CMEC/CNEC to provide after CME/CNE activity session)

CME – how to



NOTE: New Users – Will only need to create a Password **ONCE**. All users **must use** the **same password** when signing in to access the following functions: Certificate, Transcript, Profile, Activity Catalog and Registration.

C. Instructions/Steps to Claim CME Credits/Contact Hours.

1. Login: Ctrl+Click to follow ULR CME link or copy/ cut and paste URL address onto your web browser.
2. Follow the steps on the CME Certificate screen page. (Need Military E-mail Address and Password)
3. "Sign In"
4. Evaluation screen page is next. Complete the Evaluation and Click on “Submit Response.” (Must be done to receive CME Credits/Contact Hours).
5. Certificate Preparation screen page is next. Follow steps to “Claim Credits/Contact Hours” and Click on “Continue.”
6. On the next screen page Click on “Display Certificate” to view the Certificate and Click on “Print Certificate” if you want a copy or
7. Click on “Close” and “Done” to exit.
8. If you don't want to display/view the certificate simply click on “Done” button.

CME – how to

NAVAL MEDICAL CENTER
SAN DIEGO
THE PRIDE OF NAVY MEDICINE
My Profile
My Certificate
My Transcript
My Registrations
Activity Catalog
CME Certificate
Sign In
Welcome!
To evaluate the program and display your certificate, please follow the steps below:
1. Enter your Military Email Address: joseph.lagrew@navy.mil
2. Please select one of the following:
I already have a password, and my password is:
Forgot Password?
I am a new user (You'll create a password later)
3. Enter CME Activity Code 7755
4.
Sign In
(be sure your browser allows pop-ups)
If you would like to view or print a past certificate, please click here
*Note-Reprint of certificates valid only for certificates received after 10-1-11

CME Information

- CME Code (To claim credit online): **8107**
- Closing Date (To claim credit online): **27 NOV 2015**
- To complete CME
  - Log onto the MRD IDC website and click on the CME credit link

    or
  - Go to NMCSD SEAT SharePoint site (via citrix or NMCSD/BMC computer) and click on MRDSD Waterfront Meeting

http://nmcsd-as-spfe05/sites/dpe/setd/Lists/cmesurvey/Item/newifs.aspx?List=be0f840e%2D0489%2D4b5a%2Db8de%2D9c4cd1a323e5&Web=0901130e%2Dd444%45b8%2D8bc7%2D5b9ec10dca77

Post Tests

Please put your name on the quiz!

CME Code: 8107